

# Spring 2026 Youth Flag Football Parent Meeting



**PLAY TC**  
**SPORTS**



# Meet the Athletics Team!

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Best form of communication: [playtcsports@thecolonytx.gov](mailto:playtcsports@thecolonytx.gov)

We don't have traditional 9-5 hours and aren't always in the office Mon-Fri.

# Where can I find information?

- **Website - PlayTCsports.com**
  - Game Schedule
  - Rules
  - Season Information on the flag football specific page
- **Other Department Contact Information**
  - Athletics Team Email: [playtcsports@thecolonytx.gov](mailto:playtcsports@thecolonytx.gov)
  - Main Department Line: 972-625-1106
    - Answered: M-F 6:30am - 9 :00pm & Saturday 8:30am-6:00pm

# Important Season Dates

- Week of 2/9/2026 - Practices begin
- 2/28 - Games begin
- 4/25/2026 - Playoffs (This might be pushed back depending on rainouts/etc.)

# Age Verification

## Birth Certificates or passports are required for anyone to play!

- If you have played a previous season with us this year and have already submitted you do not need to resubmit!
- We have sent out emails to anyone that still needs to submit!
- The deadline to receive age verification is by 2/27. If we do not receive a birth certificate or passport the child will not be able to play until we receive it and verify the age. ***Please don't wait until the last day!***
- What we will take?
  - Birth Certificate
  - Passport
- Parents have these options to submit:
  - Email it to [playtcsports@thecolonytx.gov](mailto:playtcsports@thecolonytx.gov)
  - Stop by the recreation center for staff to make a copy.

# Age Qualification

## What is the aging date for this season?

9/1/2025

## How does the aging date work?

Whatever age your child was on 9/1/2025 is the division they qualify for.

- Example: My child was 10 on 9/1/2025, but he will be 11 years old during the season. He technically qualifies for the 10U division. If you would want to play up in the 12U division you would have to get approval from the Athletics staff PRIOR to registration.

## Exceptions?

- We only have a few exceptions for someone to be able to play up a division.
  - You can find an informational sheet with more information on exceptions on [playtcsports.com](https://playtcsports.com)!
- We NEVER allow a child to play down and age division due to safety reasons.

# Playing Up Requirements

## **Playing up requirements:**

For any child playing up, they have to meet one of the following requirements:

- Directly requested by the coach
- The parent will be the head coach
- They turn the required age during the season (ex: they are 10 and turn 11 before the season starts, they can play in 12U)

**All players requesting to play up must go through the athletic staff directly PRIOR to registering for the season. They will not be able to register online.**

# Coaches

**We rely on volunteer parent coaches for this league to run! All teams in the league are coached by volunteers!**

- **Coach Requirements**
  - **All coaches are required to do a background check in order to coach for the season!**
- **We require each team to have assistant coaches.**
  - **If there is not a cleared assistant available to take over for your team the game will be considered a forfeit.**
- **Anyone who would like to assist on the sideline at games or assist at practice must go through the background check process!**
- **The background check process can take 2-5 business days.**
- **Anyone that is not officially cleared will not be allowed on the sideline.**

**Thank you to all of those who have volunteered their time to coach!**

# Team Formation

**Each season is a fresh start for team formation! This means you are not guaranteed to be placed on a team that you have always played with or your friend request!** We try our hardest to accommodate all requests that come through, but at a point it becomes impossible when you are trying to accommodate 100-200 requests. This season we have 193 athletes in flag football alone. We still have youth volleyball and 2 adult leagues we'll be running

## Factors we use to determine teams:

- Number of Players registered
- Number of coaches/teams
- Coach Request
- Friend Requests
- Age
- Seasons Played
- School
- Height
- Weight

**\*Teams can possibly have a max of 10 on a roster. \*10 is not guaranteed**

# Team Formation Cont.

## Example

Team 1: 7 Players	Team 2: 7 Players	Team 5: 8 Players
Team 3: 10 Players	Team 4: 7 Players	<b>39 Total Participants</b>

Team 1: 8 Players	Team 2: 8 Players	Team 5: 8 Players
Team 3: 8 Players	Team 4: 7 Players	<b>39 Total Participants</b>

## Unfair Player Distribution

## Fair Player Distribution

**“Why am I not getting the full 10 on my team?”**

If we don't receive an equal amount of players per team we won't accommodate the full 10 player requests. We try to even out the teams as best as possible and accommodate as many request possible. As well as to not promote “stacking teams” as the parents refer to it.

**If coaches have more than 10 kids requesting to be on their team it is the coach's final decision on who makes it on their team**

# Practice & Game Locations

## Practice Location

- BB Owen Softball Complex
  - 5700 Squires Dr, The Colony, Texas 75056

## Game Location

- Strike Middle School
  - 8798 Scotty's Lake Lane, The Colony, Texas 75056

# Practice Information

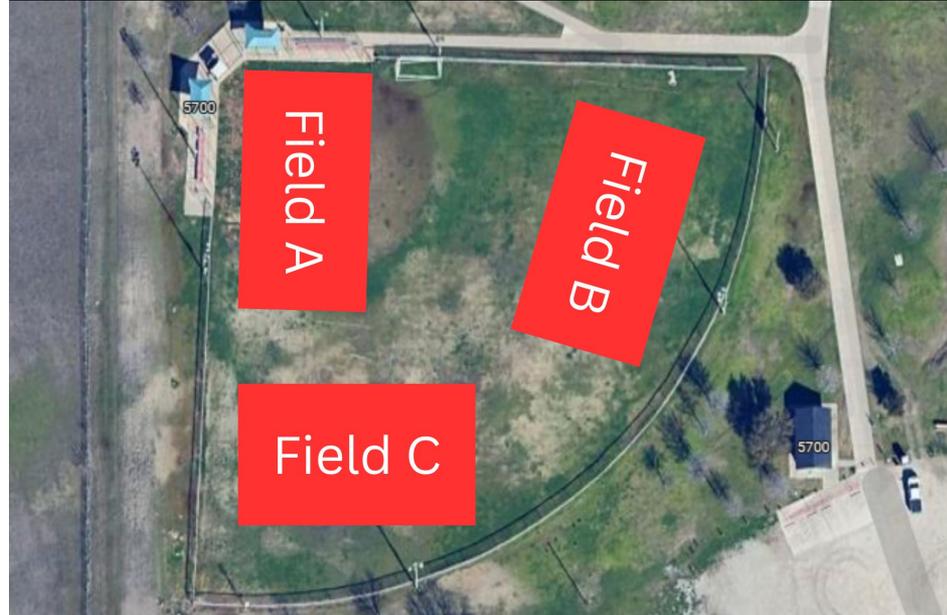
- **When can practices begin?**
  - The week of February 9th, 2026
- **Where do we practice?**
  - BB Owen Sports Complex
- **How many practices per week?**
  - Two 1 hour practices per week

The head coaches pick the practice times for their teams - once rosters are made and jerseys are ordered we will not switch over a child to another team due to other extracurriculars

**Please remember we are guests at these locations so please make sure you are following any policies and picking up your trash after practice or games!**

# Practice Map

**BB Owen Flag Football Practice Map**  
5700 Squires Dr The Colony, Texas 75056



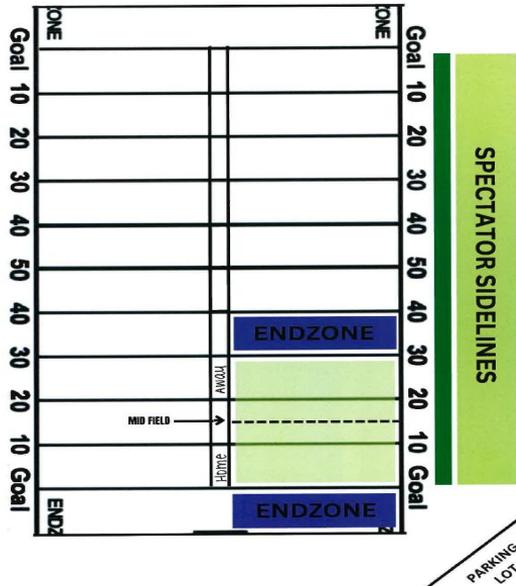
# Game Day Information

- **When is the first weekend of games?**
  - February 28th, 2026
- **Where do we play?**
  - Strike Middle School
- **How many games for the season?**
  - Teams will be scheduled 6 games
- **Who makes the playoffs?**
  - The top 4 teams in each division will make the playoffs.
- **Game Schedule**
  - The game schedule will be released by February 20th

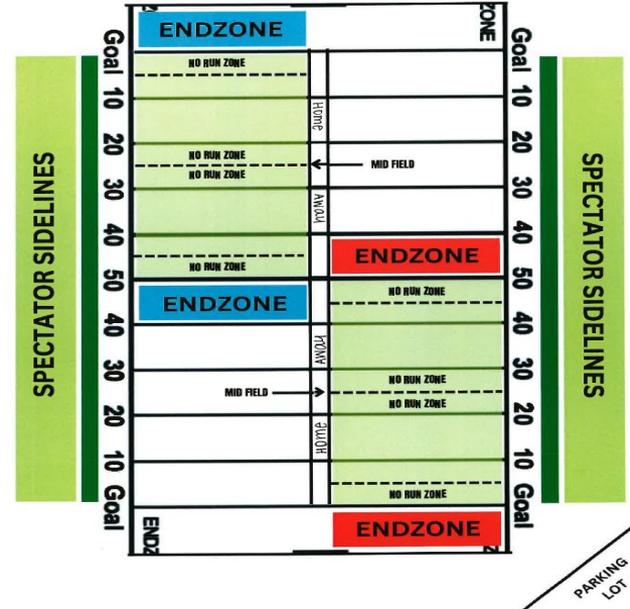
**Please do not screenshot or print the schedule! Our goal is not to make any changes for the season, but there is a chance that changes might happen. The schedule online is the most up to date always!**

# Division Field Layout

## 6U Layout



## 8U, 10U, 12U Layout



# Spectator Guidelines

All spectators **MUST** stay in the purple spectator areas noted on the map. Spectators may not come over to the team sidelines, onto the field, or any of the blue areas on the map.

\*If these policies are not followed during the season we will move the spectator sections to ONLY the grandstand and spectators will not be allowed on field level.



# Spectator Guidelines

- Please remember that we are there for the kids to have a fun time learning a sport and playing with their friends!
- Any spectator in an unauthorized area will be asked to go back to the spectator zones. If the spectator does not immediately return to the spectator zones they will be asked to leave the facility.
- Unsportsmanlike conduct from parents will not be tolerated. Depending on the severity of the conduct we will ask the individual to leave the complex. Play will not resume until they leave.
- **Ejection/Consequences**
  - **If a parent is ejected from a game they will not be able to attend the next game. Once allowed back if they get ejected for a second time they will not be able to attend any games for the remainder of the season.**
- The aforementioned suspensions will be the minimum penalty enforced and may be increased in each situation due to the severity of actions.

# Spectator Code of Conduct

- The City of The Colony holds all spectators to the same standards we hold our coaches to
- Every athlete must have a spectator code of conduct from a parent/guardian submitted before **February 28th** in order to play
- Any athlete without one submitted will not be permitted to play/sit on the team bench until submitted
- We will note on the roster if we are missing any Spectator Code of Conducts

## The Colony Parks and Recreation Athletics Parent/Spectator Code of Conduct



All parents/spectators of The Colony Parks and Recreation youth athletic leagues must adhere by the following codes of conduct and policies.

- I will provide positive support, care and encouragement for my child participating in youth sports.
- I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports events.
- I will place the emotional and physical well-being of my child ahead of personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I will remember that the game is for youth – not for adults.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans, and officials with respect.
- I will help my child enjoy the youth sports experience by doing whatever I can, such as being a respectable fan, assisting with coaching, or providing transportation.
- I will not criticize an opposing team, players, fans, coaches or team, by words or gestures.
- I and my guests will not engage in any unsportsmanlike conduct with any official, coach, player, parent or staff member, such as booing or taunting, refusing to shake hands, using profane or threatening language or gestures or accosting another individual in a threatening manner.
- I will communicate with the coach throughout the season.
- I will not enter the field of play or player sideline. I will stay on the designated spectator sideline at all times.
- I will share my concerns pertaining to the behavior of referees, other league officials, coaches, spectators or other volunteers with the Athletics Supervisor.
- I understand that the actions of myself and my guests-before, during, and after games or events- can impact the team and may affect my child's eligibility to participate in the league. This includes conduct on all social media and digital platforms.
- I understand that if a background-checked and approved coach is not present on the sideline, the game will be considered a forfeit.

### Spectator/Parent Suspension Guidelines:

If a spectator or parent is ejected for unsportsmanlike conduct they will be asked to immediately leave the facility, play will not resume until they have left. The following suspensions will be enforced after the ejection:

#### Suspension One:

If a spectator is ejected from a game they will not be allowed to attend the following game.

#### Suspension Two:

If a spectator is ejected from a second game during the season they will not be allowed to attend games for the remainder of the season and potentially longer, depending on severity.

**\*The Colony Parks and Recreation Department will determine consequences on a case-by-case basis if infraction does not meet the above guidelines. The aforementioned suspensions will be the minimum penalty enforced and may be increased depending on severity. It is up to The Colony Parks and Recreation Department discretion to determine additional consequences for any unsportsmanlike conduct during the season.**

Child/Athlete First Name \_\_\_\_\_

Child/Athlete Last Name \_\_\_\_\_

Sport \_\_\_\_\_

Age/Division \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Parent Signature \_\_\_\_\_

# Rules – Division Breakdown

## 6U Division

- **Format - 4v4**
- **Ball Size - Pee Wee**
- **Game Length - Two 15 minute halves**
- **Field - L 50 YDS x W 30 YDS (10 YDS End Zone)**
- **Timeout - Two 60 second timeouts per game**
- **No Blitzing/Rushing**

## 8U Division

- **Format - 5v5**
- **Ball Size - Pee Wee**
- **Game Length - Two 20 minute halves**
- **Field - L 70 YDS x W 30 YDS (10 YDS End Zone)**
- **Timeout - Two 60 second timeouts per game**

## 10U Division

- **Format - 5v5**
- **Ball Size - Junior/Youth**
- **Game Length - Two 20 minute halves**
- **Field - L 70 YDS x W 30 YDS (10 YDS End Zone)**
- **Timeout - Two 60 second timeouts per game**

## 12U Division

- **Format - 5v5**
- **Ball Size - Junior/Youth**
- **Game Length - Two 20 minute halves**
- **Field - L 70 YDS x W 30 YDS (10 YDS End Zone)**
- **Timeout - Two 60 second timeouts per game**

# Field Status

- Please visit the rainout line website for field status.
- Click Here: <https://rainoutline.com/search/dnis/4692174064>
- Field status is updated by 3:30pm each day as needed.
- You can sign up for the following notifications through rainout line:
  - Text
  - Email
  - Push Notifications

# Jerseys

- Each team will receive a new set of jerseys.
- We will **NOT** have extra jerseys at games so please make sure your child is wearing their jersey or has their jersey for the game. *If they do not have their jersey, they cannot play.*
- Please make sure your players are **ONLY** using the jersey provided for this season.
- Game Day:
  - Home - Lighter Color
  - Away - Darker Color
- Replacement Jerseys
  - We do not have a stock of jerseys for flag football. We order specifically for each season/roster. This means we would have to order any replacements.
  - If you are needing a replacement jersey, please reach out to the [playtcsports@thecolonytx.gov](mailto:playtcsports@thecolonytx.gov) email.
  - Flag Football - A replacement jersey would cost \$30 + shipping

# Other Equipment

- **Flag Belts** - Provided by the league. Flag belts will come with the jersey order.
  - Please make sure you trim the strap that adjusts the belt. This will help with the strap appearing as a flag to pull.
- **Mouth Guards** - Can be purchased during registration.
  - When do I get the mouthguard that I purchased?
    - It will come in the bag with the jerseys.
  - \*Mouthguards are required! Your child will not be able to play without one!
- **Footballs** - We provide each team with 1-2 footballs. These will be given to the coaches directly. These will also come with the jersey order.

# Team Sites

- **What is Team Sites?**
  - This will be a site you can go to specifically for your team! It will have roster information, contact information, practice schedules, game schedules, and you will be able to communicate with your team directly from this site!
- **How do I view the Team Site?**
  - You can view it by going to the [playtcsports.com](https://playtcsports.com) website and logging in to your account or you can download the Teamsideline App and see the information from there!
- **Who can access the Team Site?**
  - Coaches and parents will be able to access the Team Site. Coaches will have access to more information than the parents.

# Team Sites (CONTD.)

- You will receive an email from Teamsideline when your Team Site is active.
  - These will published in the next week or so.
- See the how-to on how to get your Team Site Account setup and to view your team information. Visit this Link:

The screenshot shows the TeamSideline interface for the 'Cougars Summer 2025' team site. The left sidebar contains navigation options: Home, Calendar, Communications, Teams, Family & Friends, Organizations, Messages, Help, and Sign Out. The main content area features a top navigation bar with 'Team Home', 'Roster', 'Events', 'Attendance', 'Files', 'Stats', 'Payments', 'Announcements', 'Links', and 'Pictures'. Below this is a 'Send Communication' button and a 'Help' icon. A yellow banner reads: 'Got a question? Contact a team Staff member or Contact The County Parks & Recreation Department for assistance.' The 'Announcements' section includes a welcome message and a link to the online training. The 'Events' section contains a table of upcoming games:

Date	Time	Event name	Home/Visitor	Results	
6/14/2025 (Saturday)	12:00 PM	Vs Mavs	Visitor	To be played	<input checked="" type="checkbox"/>
6/21/2025 (Saturday)	9:00 AM	Vs Team Houston	Home	To be played	<input checked="" type="checkbox"/>
6/21/2025 (Saturday)	10:00 AM	Vs Hawks United	Home	To be played	<input checked="" type="checkbox"/>
6/28/2025 (Saturday)	10:00 AM	Vs King Cobras	Visitor	To be played	<input checked="" type="checkbox"/>
7/12/2025 (Saturday)	9:00 AM	Vs Team Meyer	Home	To be played	<input checked="" type="checkbox"/>
7/19/2025 (Saturday)	9:00 AM	Vs Tigers	Visitor	To be played	<input checked="" type="checkbox"/>

On the right side, there are sections for 'Player' (a list of player names) and 'Staff' (a list of staff names, including Coach Name and Assistant Coach).

# End of Season Survey

**We will be publishing a survey near the end of the season that we would appreciate everyone fill out! We value your feedback and are always looking for ways to improve the league!**

**\*We will send out a link to the survey around the 2nd to last week of the regular season!**

# Awards & Sportsmanship Initiative

- **Awards**

- **The first place and second place team will get medals in each division.**

- **Sportsmanship Initiative**

- **This season it will be the responsibility of the coach to nominate two players for exemplifying good sportsmanship. The coach will nominate one for the first half of the season and then for the second half of the season.**

# Any Questions?

Contact us at

[playtcsports@thecolonytx.gov](mailto:playtcsports@thecolonytx.gov)